

Following is the Better Together Pocket Guide for Families. This PDF file is set up for printing. To view this guide on the screen, please use the PDF file entitled: IPFCC_Better_Together_Families_Pocket_Screen.pdf. You may print this file yourself or have it printed by a professional print or copy shop.

Page two of this file shows the front and back covers of the guide, and page three shows the inside. This PDF file will make two guides.

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Then put the page you printed, with the covers, back into the printer to print page three, which is the inside of the guide.

Please note that since not all printers print the same way, you may have to adjust how the page goes back into your printer so that it prints on the back of the cover sheet. You may also need to adjust which direction you put your cover sheet back through your printer to make sure that when the guide is folded as shown below, that when opened, the inside copy is positioned correctly. You may choose to print multiple sheets of page two, and then print page three on the other side, after you determine how the pages will print correctly on your printer.

Print page three, the inside of the guide.

Then fold the piece of paper in half so that the covers are on the outside as shown below.



Then cut the two guides apart on the light gray line, and you will have two of the Better Together Pocket Guide for Families.

There is space on the inside, at the bottom of each guide to place your institution's logo if desired.



INSTITUTE FOR PATIENT- AND FAMILY-CENTERED CARE 6917 Arlington Road • Suite 309 • Bethesda, MD 20814 • 301-652-0281 • www.ipfcc.org

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Notes

BETTER TOGETHER

Notes



GUIDE FOR FAMILIES

As a **family member or friend** who has been identified by a patient as a care partner, you are an integral member of the health care team, **TOGETHER** with the patient and doctors, nurses, and other staff. Your involvement will ensure better care, safety, and outcomes. You have an important role as spokesperson, advocate, and supporter, especially if your loved one or friend, the patient, is too sick or overwhelmed to "speak up" for him/herself.

Trust your knowledge and insights about your loved one's values, daily life, and medical history. How you participate will be based on his/her preferences and following suggestions are offered to guide you as you work **TOGETHER** as part of the team.

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Better Together Partnering with Families

GUIDE FOR FAMILIES

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G ather helpful information (current medications, medical history, other health care providers, and insurance) and bring it all to the hospital.

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 Be a second set of eyes and ears for the patient. Ask questions and take notes. Encourage your loved one to participate in decision-making to the extent he or she chooses.

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