

# Teach Back Checklist

Date:

Time:

Clinician:

Observer:

## General Body Language

Did the care team member...	Yes	No	Comments
Use a caring tone of voice and attitude?			
Display comfortable body language, make eye contact, and sit down?			
Use plain language?			

## Introduction

Did the care team member...	Yes	No	Comments
Explain why they would be using teach back?			
Ask the patient to explain in their own words what they were told to do			
Include family members/caregivers if they were present?			

## Medication

Did the care team member...	Yes	No	Comments
Ask the patient and/ or caregiver to explain key medicines?			

## Pain Management and Expectations

Was it discussed?	Yes	No	Comments

## Activities After Hospitalization

Did the care team member...	Yes	No	Comments
Have the patient and/ or caregiver explain their daily routine after their surgery?			

## Patient Assistance

Did the care team member...	Yes	No	Comments
Use reader-friendly print materials to support learning?			
Talk about follow-up appointments?			
Address when and who to call for help?			

## Additional Feedback/Comments:

<b>Patient's Overall Response:</b>	
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