

Is your provider using TeachBack with you?

What is TeachBack?

TeachBack is when your provider explains information to you clearly; it is not a test or quiz.

Why is it important?

Sometimes understanding your health can be confusing. TeachBack is a way to check that you understand what your provider is saying.

What does it look like?

If your provider is using TeachBack, they will ask you to say in your own words or demonstrate what they've taught you.

You are the most important person of your health care team, and you deserve to have all the information you need!



UFHealth
NEUROMEDICINE

**“Tell me and I forget.
Teach me and I remember.
Involve me and I learn.”**

-Benjamin Franklin

Contact Us:

Neurosurgery

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Neurology

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**If your provider isn't
using TeachBack,
please let us know!**

**You can provide
feedback to:**

nicap@health.ufl.edu