



## **Wearing New Glasses: Seeing Self-Management Support from the Patient and Family Perspective**

**How do clinic practices and resources promote patient self-management and encourage patients and families to be key members of the health care team?**

<b>Examples of What We Do Well</b>	<b>Areas for Improvement</b>
<p>Promoting patient role as self-manager</p> <p>Mutually setting agenda for visit</p> <p>Exploring patients' values and preferences</p> <p>Sharing information</p> <p>Building self-confidence and self-management skills</p> <p>Forms and educational materials promoting self-management</p> <p>Offering care plan or visit summary</p> <p>Other</p>	

**If we could make one change to improve how we support and promote self-management in our practice, what would it be?**